

## **High Jump Station**



## **Description**

The High Jump Station is for dynamic aerobic and muscle fitness training. Users can perform explosive plyometric exercises by jumping and touching the bar at various heights or train muscle and grip strength by climbing the bar. Advanced users can also combine multiple movements.

## Features & Benefits

- Provides an excellent aerobic & muscle fitness workout
- A versatile station that allows multiple types of exercises in a single product
- Constructed of durable and recyclable materials and backed by the industry's leading warranty

Specifications	
Model	13578
Fall Height	10'
Age Group	13+ Years

Limited Lifetime Warranty on uprights, hardware and connections. Visit **gametime.com/warranty** for full warranty information





